

Report to:	SINGLE COMMISSIONING BOARD
Date:	4 October 2016
Reporting Officer of Single Commissioning Board	Angela Hardman – Director of Public Health
Subject:	PUBLIC HEALTH ANNUAL REPORT 2015-16
Report Summary:	<p>The Director of Public Health’s Annual Report 2015-16 is themed around Self-Care.</p> <p>The Report emphasises that by focusing on self-care we can help to increase people’s confidence to live well, improve their quality of life and improve the patient experience. Together we can create an environment which promotes self-care through healthy lifestyle choices, based on local leadership within communities. We can see a fundamentally different relationship between public services, residents and local communities by working locally to enable people to build their skills and confidence and improve self-care in all its forms.</p>
Recommendations:	<p>Single Commissioning Board are asked to:</p> <ul style="list-style-type: none"> • Note the recommendations listed in section 3 of the report. • Agree that the report’s recommendations and the proposed approach and actions highlighted in the report, be used to inform service development and commissioning of the system wide self-care programme.
Financial Implications: (Authorised by the statutory Section 151 Officer & Chief Finance Officer)	<p>Whilst there are no direct financial implications arising from the report, it should be recognised that initiatives to improve the health and wellbeing of residents of the borough will potentially lead to a reduced demand on health and social care services and associated costs incurred. This will therefore contribute towards the delivery of future year efficiency savings alongside reduced resource allocations within the economy.</p> <p>It is essential these initiatives are stringently monitored to ensure efficiencies are realised.</p>
Legal Implications: (Authorised by the Borough Solicitor)	<p>The publication of this report fulfils a statutory requirement of Tameside’s Director of Public Health and sets out an approach to meet our Health and Wellbeing Strategy.</p>
How do proposals align with Health & Wellbeing Strategy?	<p>This Public Health Annual Report is relevant to all aspects of the Health and Wellbeing Strategy.</p> <p>In particular the recommendations align to the principles of the Health and wellbeing Strategy:</p> <ul style="list-style-type: none"> • Focusing on prevention and early help; • Working together to tackle inequalities; • Integration;

- Value community assets.

All actions by the public, private and voluntary sectors should build on the strengths, support, skills and knowledge already in communities, be responsive to the priorities of local communities, accountable to them and involve them in planning and development.

How do proposals align with Locality Plan?

The locality plan is built on values that support people with long term conditions or on-going care needs, and their carers, to self-care more effectively and engage proactively in their own health and care. Enabling self-care: improving skills, knowledge and confidence of people with long-term conditions or with on-going support needs to self-care and self-manage, is one of the six transformation programmes outlined in the plan.

How do proposals align with the Commissioning Strategy?

The Commissioning Strategy aims to increase community resilience and support communities to use their own assets (skills, strengths and resources) to tackle the issues that affect their lives.

The Report concludes that through self-care we can realise these bold ambitions of the Tameside and Glossop ‘Care Together’ Programme:

- “We aim to raise healthy life expectancy to the North West average within five years.”
- “We then will continue to drive our ambition to achieve the England average within the subsequent five years.”

Recommendations / views of the Professional Reference Group:

Not been presented to PRG.

Public and Patient Implications:

Self-care will build skills, knowledge and confidence to self-manage conditions, building individual and population resilience. Local people have a key role in protecting their own health, choosing appropriate treatments and managing long-term conditions. Self-management is a term used to include all the actions taken by people to recognise, treat and manage their own health.

Quality Implications:

A focus on self-care will provide opportunities for improving quality through the provision of information and support that empowers service users and drives quality improvement.

How do the proposals help to reduce health inequalities?

Action on the wider determinants of health requires joint approaches across public, private and voluntary sectors and with resident themselves in order to fully address the causes of poor health and wellbeing.

What are the Equality and Diversity implications?

The report does not have any policy implications for equality and diversity.

What are the safeguarding implications?

The report does not have any policy implications for safeguarding.

What are the Information Governance implications? Has a privacy impact assessment been conducted?

The report does not have any policy implications for information governance or privacy.

Risk Management:

The Annual Report of the Director of Public Health is being presented to Board for their information.

Access to Information :

The background papers relating to this report can be inspected by contacting Gideon Smith, Consultant in Public Health Medicine, by:



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